FOR IMMEDIATE RELEASE: June 2011

CONTACT: ANDIE EAST | PUBLICIST

PHONE: 510-809-3872

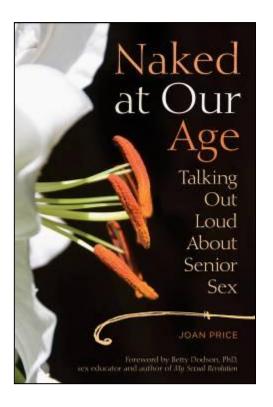
E-MAIL: andie.east@perseusbooks.com

Senior Sexpert Joan Price Covers All the Bases in Naked at Our Age: Talking Out Loud About Senior Sex

One of the biggest myths around is that all sexual activity comes to a halt after age fifty.

Author and senior sexpert Joan Price is determined to show seniors—and the world—that they can have a full, fabulous sex life no matter what their age.

Naked at Our Age: Talking Out Loud About Senior Sex (Seal Press / June 2011 / \$16.95) is Price's candid, straight-talking take on senior sexuality—with all its ups and downs. The book openly covers the challenges and disappointments, as well as the delights and surprises, of later-life sex. Price gives people over fifty a voice in Naked at Our Age: Throughout, seniors tell stories of their past and present sex lives, ask questions, and get straightforward advice and information from experts like Carol Queen and Betty Dodson.



No topic related to later-life sexuality is off-limits. Price covers everything from the physical to the emotional, including:

- Surviving divorce and breakups
- Erectile dysfunction, both from a woman's and a man's viewpoint
- Entering the dating game later in life
- Sex after losing a life partner
- When sex hurts: dealing with vulvar and vaginal pain
- Sex toys for seniors

In *Naked at Our Age*, women and men—coupled and single, straight and gay—talk candidly about how their sex lives and relationships have changed with age, and how they see themselves and their partners. For seniors who are having unsatisfying sex (or no sex at all), Price offers advice and personal stories, as well as tips from sex therapists, health professionals, counselors, sex educators, and other knowledgeable experts.

Naked at Our Age is an important resource and source of support for seniors interested in enjoying their sexuality. Price covers all the bases in this exploration of intimacy in the golden age of life.

#

About the Author



Author and speaker **Joan Price** calls herself an "advocate for ageless sexuality." At 61, Joan wrote *Better Than I Ever Expected: Straight Talk About Sex After Sixty* (Seal Press, 2006) to celebrate the delights of older-life sexuality—especially her spicy love affair with artist Robert Rice, who became her husband.

Formerly a high school English teacher, Joan is also a fitness professional and author of *The Anytime*, *Anywhere Exercise Book: 300+ Quick and Easy Exercises You Can Do Whenever You Want.* Joan teaches contemporary line dancing in Sebastopol and Santa Rosa, California.

Visit Joan's Website at www.joanprice.com and her blog about sex and aging at www.NakedAtOurAge.com.

Naked at Our Age:
Talking Out Loud About Senior Sex
By Joan Price

Seal Press- June 2011 · 400 pages · \$ 16.95 · paperback ISBN 13: 978-1-58005-338-9

About Seal Press

Seal Press was founded in 1976 to provide a forum for women writers and feminist issues. Since then, Seal has published groundbreaking books that represent the diverse voices and interests of women—their lives, literature, and concerns. Seal's authors are radical and original thinkers, professionals with a distinct point of view, gutsy explorers, truth-tellers, and writers who engender laughter, tears, and rage. Seal Press publishes books with the goal of informing women's lives. Based in Berkeley, Calif., Seal is a member of the Perseus Books Group. You can visit us at www.sealpress.com.